${f S}$ ingle-use plastic is never fantastic! Too much plastic in the ocean! Is that really what you want?

There's so much plastic around the world, just look around, take a look, don't hide your eyes like a two-year-old. Don't you see the litter, the garbage, the plastic all around—I don't only mean the whole world, 'cause we can't change the world. But we can change our school and the students' behavior. Other schools will follow. We have to start now. So what can we do?

Step one: Multi-use- instead of single-use-plastic. There has already been a very important change in our cafeteria: Multi-use-cups for Slush-ice. People are eager to get them because of more content for the same price, so they'll start using them which will make the amount of single-use-plastic decrease.

Step two: Change plastic to paper. Instead of wrapping cookies or else in plastic, use paper or carton.

Step three: Start recycling. Instead of throwing plastic away, give it to organizations which will recycle them. As you know, there is a bin only for plastic lids. Together, we can do it better. Together, we can recycle more than you think.

Please don't cause climate change and then say: 'I could have stopped that. I could have used less plastic'. 'Cause that's what is happening at the moment.

Every time you use plastic, think of this: Plastic will kill you, and if not, it'll kill your children, or theirs. It'll kill nature, including plants and animals. It'll change climate—climate change has already started. Can't you see there is only one way to stop this?

We're on a train, driving since mankind exists. We have passed a lot of stations: Ice Age, Stone Age, Iron Age—and if we don't do anything, our next station will be the end station.

We're on Titanic and the sailors are saying 'Captain! Iceberg ahead!' And the Captain answers 'Keep going! Full steam ahead! Hit the iceberg! We'll survive it!' And the sailors reply 'Aye Captain!' But if you were the sailors, what would you do?

Well, I tell you what: You are the sailors!

We shall try to avoid the iceberg! There are lots of other stations we can pass by; the next one does not have to be the end station. Because the train will continue driving without us, so if we have the chance to, why should we go off the train?

I'll explain it. Mankind burns rubbish, like plastic, in order to get rid of it, which emits carbon dioxide, which causes climate change; mankind throws plastic away, into the oceans and seas. Obviously, mankind is not aware of the fact that it'll come back! Let me tell you something. It's called the food chain. Fish eat plastic, because it smells and looks like their food. So if people eat fish, if we eat fish, we also eat plastic.

Hey, I've got a joke for you: What do British people eat? Plastic&Chips!

Not funny? Well, I don't find it funny either, because this plastic comes into our body and makes us sick. Very sick.

Drink a glass of water, it'll cool you down. Oh, don't do that. In water that is thought to be drunk, like water of plastic bottles or even tap water, there's microplastic. It'll make you sick. Very sick.

Breathe some clean air. Oh, I forgot, I'm sorry. There is no clean air anymore. To produce plastic, you have to pollute air, and ironically, to destroy plastic, you have to pollute the air again. So why are we using plastic again? To destroy the only planet that is available for us with our technological progress?

As you see, most organizations like Cafeterias are profit-oriented, but they seem to forget that keeping our civilization, our existence, our world as we know it, is a form of profit as well.

We have to be the first one, if no-one else wants to, we have to take the first step, if no-one else wants to. We have to start our rescue; the others will follow. There is only one way to stop this shameful situation; show the world how we can do this. Show the world how we can save ourselves!

To conclude, we hope that you will be more careful about plastic consumption, and hopefully change the way you sell your products. Because plastic is a major threat to the earth, as it is hard to get rid of. Simple steps can lower our plastic pollution and do good to the world. Even if reducing plastic might seem unnecessary or difficult... If we don't act now, it will be too late. Plastic pollution is rising at a rapid speed, but small acts can ultimately make a big impact. Just as Neil Armstrong once said, "That's one small step for a man, one giant leap for mankind", we tell you that a little good can go a long way.

Thank you.